













Issue N° S025 March 2025





A Visit to Siem Reap - Corporate Social Responsibility at SISC

As a school leader, driving our CSR, charity and community outreach efforts is an important part of my role. I like the way that we approach community support at Southbridge, with an attitude that we are all responsible for each other. I love seeing all of the different types of support between staff, students, parents and our wider community.

It was a privilege to visit the Angkor Hospital for Children in Siem Reap recently to deliver a donation of money raised by our community. A special acknowledgement must be given to all of the staff in this hospital who do an amazing and valiant job each day improving the quality of life for so many children.



Southbridge International School Cambodia raised more than \$7500 USD to donate. As a community we discussed where this money should go and how it should be used, and it was agreed that it should be given to another community of people working together to help others. One community giving to another community for the service and care of people.

We are so pleased to support a hospital that is significantly enhancing medical care and expanding access to essential services for underprivileged children from lower economic backgrounds with limited financial means. It is an amazing feeling to know that our community worked together to raise enough funds that will help Angkor Hospital for Children continue its life-saving work. At Southbridge, we are making a real difference in the lives of all Cambodian children. We are so grateful to everyone that made contributions to make this donation possible.







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Southbridge Students Set the Bar High at ICIA 2025!

Southbridge International School Cambodia (SISC) proudly celebrates its students' success at the International Creativity and Innovation Award (ICIA) 2025! Competing in the National Round on March 16, our students demonstrated remarkable creativity, problem-solving skills, and a commitment to the Sustainable Development Goals (SDGs).

A huge congratulations to our winning teams! Three of our projects ranked in the Top 10!

VITAL Stats – 3rd place, advancing to the international round on 25-27 April 2025!

An app that tracks and analyses key health metrics using mathematical modeling—the only project in the competition to do so.

River Guard – 5th place, advancing to the international round!

A solar-powered boat with a rolling net and pH sensor to clean waterways and monitor water quality.

Green Cities - 6th place

A hydroponic farming solution designed to grow crops without soil, conserving water and promoting urban sustain ability.



With only the top five teams selected to represent Cambodia in the international round, we are thrilled that VITAL Stats and River Guard will be competing on the global stage this April!

ICIA 2025, held in celebration of World Creativity and Innovation Day, provided students with mentorship, networking, and pitching opportunities. We are incredibly proud of all our participants for their dedication and excellence! Southbridge continues to raise the academic bar, fostering innovation and excellence in every competition.

Let's continue supporting our young innovators as they prepare to showcase their ideas on an international stage!

Secondary STEAM Teaching Team



EY "Amazing Race: Let's Play Outside!"

In the spirit of our "Let's Play Outside" unit, the early years embarked on an unforgettable adventure during the "Amazing Race"! Parents joined the fun, transforming the football field into a vibrant arena of laughter and excitement.

Participants hopped through a three-legged race, crawled through challenging obstacles, and fished for colorful balls, racing to match them with their team colors. The grand finale was a thrilling slip-and-slide that sent everyone joyfully squealing!

The event celebrated teamwork, creativity, and pure fun, leaving behind a trail of smiles and cherished memories. What a fantastic day to connect and play together!





K3 Teaching Team



Pi Day at Southbridge: Learning, Laughter, and Logic!

At Southbridge International School Cambodia, we celebrated Pi Day and the International Day of Mathematics on 14 March 2025, with an exciting day of learning, teamwork, and fun! Pi (π) represents infinite possibilities, and our students explored its significance through engaging activities that showcased their mathematical skills and creativity.

Students participated in Math Bingo, Pi-themed Trivia, and Pi Day Riddles, solving challenges and earning points for their teams. The event was made even more special with a student performance of the Pi Day song, bringing energy and enthusiasm to the celebration.







This day also highlighted the importance of teamwork, as students worked together during the Pi Day Challenges, applying math in a fun and interactive way. Congratulations to our Pi Day Champions!

Pi Day reminded us that math is everywhere-in nature, technology, and the world around us. We are proud to inspire future innovators through hands-on learning and collaboration!

Ms. Rozel Gonzales Del Rosario, Mathematics and Technology Faculty Leader



A Visit to Kirisu Farm!

Field trips are an excellent way to consolidate classroom learning, encourage critical thinking, and spark curiosity in students by allowing them to experience real-world applications of their lessons. Recently, our Grade 3 and Grade 4 students had the exciting opportunity to visit Kirisu Farm, where they gained valuable insights into where food comes from and the various processes involved in modern farming.

During the trip, students observed the milking process and cattle rearing, learning how farmers care for livestock and ensure their health. They explored how cattle diseases are prevented, the feeding process, and the making of silage—an essential part of sustainable farming. Additionally, they saw firsthand how raw milk is processed into finished dairy products, deepening their understanding of food production.









This immersive experience not only enhanced their knowledge but also fostered curiosity and critical thinking, reinforcing the importance of sustainable farming practices. It was a fantastic learning opportunity for our students, making education both engaging and memorable.

We look forward to more experiential learning adventures in the future!

Mr. Bothwell Riside, Primary Years Principal

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SISC Students Successfully Complete Cambridge Mock Examinations

Students at SISC have just completed their mock examinations in preparation for the Cambridge International Examinations - 2025, which will officially begin in April. It was truly inspiring to see our students fully engaged in the process, eager to assess their progress and identify areas for improvement.

The mock exams covered a wide range of subjects, including Sciences, Mathematics, Humanities, and more. This year, SISC offers 11 IGCSE subjects and an impressive 13 subjects at AS and A Level, ensuring a comprehensive academic experience for our students.

As the mock exams concluded, we had the opportunity to speak with a few students about their experiences. A Year 12 student, who also serves as our Student Council President. shared:

"The mock exams helped me identify which subject areas I need to focus on, and I feel much more prepared for the real exams."

A Year 11 student, experiencing IGCSE mock exams for the first time, expressed:

"Mock exams were a new experience for me, but I was impressed by how well they were conducted at our school. It truly felt like a real exam setting."



Overall, the mock exams were a resounding success, providing valuable insights for both students and teachers. As we approach the official Cambridge examinations, we are confident that our students are well-prepared.

We wish them the very best in their upcoming exams and look forward to celebrating their achievements!

Mr. Don Thisal, Cambridge Coordinator



Managing Stress During Exams: Tips for Students

Exams can be stressful, but managing stress effectively can improve both performance and well-being. The key is preparation—start revising early to avoid last-minute cramming. Create a study schedule, breaking subjects into manageable sections with regular breaks to stay focused.

Here are some key strategies to manage stress during exams:

Plan Ahead and Feel Organised: Start revising early and stick to a study schedule.

Take Regular Breaks: Studying for long hours without rest can lead to burnout. Short breaks improve focus.

Get Enough Sleep: Aim for at least 7-8 hours of sleep to improve memory and concentration.

Eat Well and Exercise: A balanced diet and physical activity, like walking or stretching, can boost energy levels and reduce anxiety.

Practise Mindfulness: Techniques such as deep breathing or meditation can help calm nerves.

Avoid Distractions: Limit caffeine and social media use, as they can increase anxiety.

Stay Positive: Exams are important but don't define your worth. Seek support from teachers, family, or friends if needed.

By following these steps, students can approach exams with confidence and a clear mind.



Ms. Chelsee Bergemann, School Counsellor